

9th September 2022

Near-fatal allergic reaction

Dear parents and carers,

As you may already be aware, we have a pupil in year 3 who has a **severe, life-threatening allergy to nuts and fish**. Previously, the pupil has experienced serious anaphylactic reactions in school after indirectly coming into contact with fish which was near-fatal. An ambulance has had to be called on numerous occasions. The pupil's anaphylaxis (allergic reaction) can occur as a result of **digestion, inhalation or any other contact** with fish or nut-based products.

In light of the serious nature of this, we are a fish- free and nut-free school and we ask for your support in the following:

Please do not send your child into school with any fish or nut-based products for a snack or in their packed lunch.

Potential products containing nut allergens could include:

- Spreads, e.g. Peanut butter, hazelnut spread/Nutella (there are nut-free chocolate spreads available on the market)
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child into school with them – it is not always apparent that products contain nuts or traces of nuts.

Further information:

The [Anaphylaxis Campaign](#) has a huge range of resources to help you understand more

about allergies and anaphylaxis and support you if you or your child has

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allergies.

[AllergyWise](#) is a free online learning resource that you can register for and undertake a range of courses about allergies and anaphylaxis.

We appreciate that this is another challenge to add into your day and apologise for any inconvenience this may cause but for this child and their family, it really is life-threatening.

Furthermore, we would like to thank you all for your continued support and commitment to keeping our entire school community healthy and safe.

Kind regards,

Miss Soper

Deputy Head Teacher